

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ciommo Fabio HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 50M BUTTERFLY MEN		Heat:1, starttime: 10:09
Heat: 1/7 Lane : 4 Athlete: DECOSSAUX VALENTIN		Q-time: 00:27:02
PB (50m pool): 00:27.02 Antwerpen 27/04/2025		PB (25m pool): 00:26.16 SB: no time
	5 0 M	
PB	00:27.02	
	00:27.02	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY MEN		Heat:2, starttime: 10:10
Heat: 2/7 Lane : 4 Athlete: MATTHEUS IBE		Q-time: 00:26:79
PB (50m pool): 00:26.79 Antwerp 09/02/2025		PB (25m pool): 00:26.24 SB: 00:27.10 Antwerpen 22/03/2026
	5 0 M	
PB	00:26.79	
	00:26.79	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY MEN		Heat:2, starttime: 10:10
Heat: 2/7 Lane : 6 Athlete: VANDERHULST MIDAS		Q-time: 00:26:91
PB (50m pool): 00:26.91 Antwerpen 22/03/2026		PB (25m pool): 00:26.13 SB: 00:26.91 Antwerpen 22/03/2026
	5 0 M	
PB	00:26.91	
	00:26.91	
		

Coach feedback:

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: TRUST

Event number: 34: 50M BUTTERFLY MEN				Heat:4, starttime: 10:12	
Heat: 4/7 Lane : 6 Athlete: CIOMMO ALESSANDER				Q-time: 00:26:17	
PB (50m pool): 00:26.17 Luxembourg 26/04/2026				PB (25m pool): 00:25.90 SB: 00:26.17 Luxembourg 26/04/2026	
	5 0 M				
PB	00:26.17				
	00:26.17				
					

Coach feedback:

Event number: 34: 50M BUTTERFLY MEN				Heat:4, starttime: 10:12	
Heat: 4/7 Lane : 7 Athlete: DE SWERDT MATHIAS				Q-time: 00:26:29	
PB (50m pool): 00:26.29 Antwerpen 22/03/2026				PB (25m pool): 00:25.76 SB: 00:26.29 Antwerpen 22/03/2026	
	5 0 M				
PB	00:26.29				
	00:26.29				
					

Coach feedback:

Event number: 34: 50M BUTTERFLY MEN				Heat:7, starttime: 10:15	
Heat: 7/7 Lane : 2 Athlete: DE SWERDT NIELS				Q-time: 00:25:36	
PB (50m pool): 00:25.36 Antwerpen 27/04/2025				PB (25m pool): 00:24.68 SB: 00:25.38 Antwerpen 22/03/2026	
	5 0 M				
PB	00:25.36				
	00:25.36				
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE WOMEN					Heat:1, starttime: 10:17	
Heat: 1/5 Lane : 5 Athlete: LENAERTS HAILEY					Q-time: 02:52:14	
PB (50m pool): 02:52.14 Antwerpen 27/07/2025					PB (25m pool): 02:49.95 SB: 02:55.10 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:37.12	01:20.78	02:06.07	02:52.14		
	00:37.12	00:43.66	00:45.29	00:46.07		
						

Coach feedback:

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: TRUST

Event number: 36: 100M BACKSTROKE MEN				Heat:3, starttime: 10:39	
Heat: 3/8 Lane : 6 Athlete: DE SWERDT NIELS				Q-time: 01:04:58	
PB (50m pool): 01:04.96 Antwerp 21/01/2024				PB (25m pool): 00:58.36 SB: 01:05.31 Luxembourg 26/04/2026	
	5 0 M	1 0 0 M			
PB	no time	01:04.96			
	no time				
					

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN				Heat:5, starttime: 10:43	
Heat: 5/8 Lane : 7 Athlete: DE SWERDT MATHIAS				Q-time: 01:03:38	
PB (50m pool): 01:03.38 Antwerpen 22/03/2026				PB (25m pool): 00:58.62 SB: 01:03.38 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M			
PB	00:30.49	01:03.38			
	00:30.49	00:32.89			
					

Coach feedback:

Event number: 37: 50M FREESTYLE WOMEN				Heat:2, starttime: 10:53	
Heat: 2/9 Lane : 1 Athlete: ROSKIN LOTTE				Q-time: 00:28:64	
PB (50m pool): 00:28.14 ANTWERPEN 30/07/2023				PB (25m pool): 00:27.79 SB: 00:28.72 Antwerpen 15/03/2026	
	5 0 M				
PB	00:28.14				
	00:28.14				
					

Coach feedback:

Event number: 38: 200M MEDLEY MEN					Heat:3, starttime: 11:08	
Heat: 3/5 Lane : 7 Athlete: DECOSSAUX VALENTIN					Q-time: 02:15:27	
PB (50m pool): 02:15.38 Antwerp 21/01/2024					PB (25m pool): 02:05.43 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	02:15.38		
	no time					
						

Coach feedback: